



# AQUATIC SCHEDULE

BUTLER YMCA  
Begins May 8, 2023

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY				
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN			
5:30am	<b>CLOSED</b>		<b>Open Swim</b> 5:30am-5:15pm	<b>Open Swim</b> 5:30am-11:00am	<b>Open Swim</b> 5:30am-9:30am	<b>Open Swim</b> 5:30am-9:00am	<b>Open Swim</b> 5:30am-1:00pm	<b>Open Swim</b> 5:30am-10:00am			
6:00											
6:30											
7:00											
7:30					<b>Pool Jogging w/HIIT Blasts &amp; Abs</b> 9:30am-10:30am	<b>Swim Lessons</b> 9:00am-10:00am		<b>Aqua for Arthritis</b> 10:00am-10:45am			
8:00											
8:30					<b>Open Swim</b> 10:00am-2:00pm	<b>Open Swim</b> 10:00am-2:00pm		<b>Aqua for Arthritis</b> 11:00am-11:45am	<b>Open Swim</b> 10:30am-1:00pm	<b>Gentle Water Exercise</b> 11:00am-11:45am	<b>Open Swim</b> 11:15am-12:00pm
9:00											
9:30	<b>CLOSED</b>	<b>Open Swim</b> 2:00pm-5:00pm	<b>Work it in the Water</b> 12:00pm-12:45pm	<b>Open Swim</b> 2:00pm-5:00pm	<b>Open Swim</b> 4:00pm-5:15pm	<b>Swim Lessons</b> 5:15pm-6:40pm	<b>Open Swim</b> 6:40pm-8:00pm	<b>Open Swim</b> 7:15pm-8:00pm			
10:00											
10:30											
11:00											
11:30											
Noon											
12:30											
1:00											
1:30											
2:00											
2:30	<b>Open Swim</b> 4:00pm-5:00pm	<b>Open Swim</b> 4:00pm-5:00pm	<b>Open Swim</b> 4:00pm-5:15pm	<b>Open Swim</b> 4:00pm-5:00pm	<b>Open Swim</b> 4:00pm-5:15pm	<b>Open Swim</b> 4:00pm-5:15pm					
2:30											
3:00	<b>CLOSED</b>	<b>Open Swim</b> 4:00pm-7:00pm	<b>Swim Lessons</b> 5:00pm-7:15pm	<b>Open Swim</b> 4:00pm-5:15pm	<b>Swim Lessons</b> 5:15pm-6:40pm	<b>Swim Lessons</b> 5:00pm-7:15pm	<b>Open Swim</b> 6:40pm-8:00pm	<b>Open Swim</b> 7:15pm-8:00pm			
3:30											
4:00											
4:30											
5:00											
5:30											
6:00											
6:30											
7:00											
7:30											
8:00											

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- Swim Lessons run May 8-June 24, 2023 (7 weeks).
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- When a birthday party is scheduled in Pool 2, it will be closed to other members for one hour.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- 6 persons max in the Whirlpool at one time



# AQUATIC SCHEDULE

BUTLER YMCA

**Begins May 8, 2023**

	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-11:15am	Open Swim 5:30am-9:30am	Open Swim 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00						
8:30	Deep H2O Suspension 9:30am-10:30am	Aqua Intervals 9:30am-10:30am	YMCA Child Care Swim Lessons 9:00am-11:30am	Open Swim 7:30am-5:30pm	Open Swim 7:30am-9:00am	
9:00					Swim Lessons 9:00am-11:15am	
9:30						
10:00	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Open Swim 10:30am-7:00pm	Open Swim 11:30am-1:00pm	Swim Lessons (1 lane) 9:00am-12:00pm	
10:30						
11:00						
11:30						
Noon	CLOSED 1:00pm-4:00pm	CLOSED 1:00pm-4:00pm	MAY Swim (3 lanes) 4:00pm-7:30pm	Aqua Dance Party 1:00pm-2:00pm	Open Swim 11:20am-5:30pm	
12:30						
1:00	Open Swim (1 lane) 4:00pm-8:00pm	Open Swim 4:00pm-8:00pm	MAY Swim (3 lanes) 4:00pm-8:00pm	Open Swim 2:00pm-7:00pm	CLOSED	
1:30						
2:00						
2:30						
3:00						
3:30						
4:00	MAY Swim (3 lanes) 4:00pm-8:00pm	CLOSED	CLOSED	CLOSED	CLOSED	
4:30						
5:00						
5:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
6:00						
6:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
7:00						
7:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
8:00						



**Test. Mark. Protect.**

- Ages 12 and under must pick-up a swim band before entering the pool.

- Bands indicate swimming ability.

- Red= Non-Swimmer

- Green=Swimmer

- Ages 7 and under require reach supervision from an adult in the water regardless of band color.

- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.

- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

**Green Band  
Swim Testing Times**  
 Monday-Wednesday 9:00am-6:30pm  
 Friday 9:00am-6:30pm  
 Saturday 9:00am-4:30pm  
 Sundays 10:00am-1:30pm

Updated: 5/3/2023