

GOOD HEALTH IS GOOD BUSINESS

FOR EVERY 100 EMPLOYEES

33
have
pre-diabetes

10
have
diabetes

38
are
overweight

24 Do not get
any physical
activity

35 Have heart
disease

NATIONWIDE HEALTH STATS

- Employees with high blood pressure cost employers \$760 more than others
- The average cost for every stroke or heart attack is about \$100K
- 80% of heart disease and stroke can be prevented
- 20% of all deaths of people 35+ and older are attributed to a lack of physical exercise

Opening Doors to a
Stronger Community

LIVING OUR CAUSE

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. The Butler County Family YMCA is a 501c(3) charitable organization dedicated to nurturing the potential of every youth and teen, improving the nation's health and well-being and providing opportunities to give back and support neighbors.

Programs offered by the Butler County Family YMCA served more than 27,000 individuals last year and include after-school care and childcare, outdoor park, community outreach, sports, health and wellness, youth mentoring and senior assistance.

40.2% of students in our local school district cannot afford to purchase a lunch

28.2% of residents living within 3 miles of our Butler YMCA are living in poverty (state average is 12%)

The rate of drug-related overdose deaths in Butler County increased to **40%** per 100,000 in 2017, far exceeding the national average (16.3 per 100,000)

LEARN HOW YOU CAN
HELP TODAY.

www.bcfymca.org



CORPORATE 25 COMMUNITY PARTNERSHIP

The Y. For a better us.

BUTLER YMCA
339 North Washington St
Butler, PA 16001
P 724 287 4733

**ROSE E. SCHNEIDER
FAMILY YMCA**
2001 Ehrman Rd
Cranberry Township, PA 16066
P 724 452 9122

CORPORATE BENEFITS

Investing in employee wellness can really pay off. Healthier employees mean more productive workers and lower health care costs. Employees will appreciate your commitment with a renewed sense of loyalty and job satisfaction.

Employee health is good business. Your Return on \$1:

\$3.27

Savings in
medical costs

\$2.73

Savings in
absenteeism

\$5.93

Savings-to-cost
ratio

Corporate Wellness Programs See:

28% FEWER SICK DAYS

26% FEWER INJURIES

62% FEWER HOSPITAL VISITS

30% FEWER DISABILITY CLAIMS

BUSINESS RECOGNITION

- Your logo/company name displayed on Recognition Screens in YMCA lobby and on website
- 3'x5' banner in one YMCA gymnasium – you choose the branch (Butler or Rose E. Schneider)
- Sponsorship recognition at ONE special event of your choice.
 - Casino Royale
 - Fore the Children Golf Outing
 - Bowling to Support Kids
 - Butler Road Race



COMMUNITY PARTNERSHIP

Our goal is to open doors to a stronger community by helping children, families and seniors. To participate in Corporate 25 and receive employee benefits, your business is required to contribute \$2,500 to our Annual Support Campaign.



We recognize that for communities to be successful, everyone should have an opportunity to be healthy, confident, connected and secure. Below is a list of some of the programs and services we provide to area youth, families and seniors to help strengthen our community.

- Youth Mentoring Programs
- Addiction Support
- Summer Food Program
- Sponsored YMCA memberships
- Camp R.O.C.K. for Autistic Children

Through various Y programs and our warm, welcoming atmosphere, recipients are lifting themselves up and gaining confidence in their ability to succeed on many levels. Our programs span several categories from youth development and chronic disease prevention, to active senior lifestyles and swim lessons for safety. Although there are many touched by our Annual Support Campaign each year, there is so much more we would like to accomplish.

EMPLOYEE BENEFITS

- No Fee to Join
- 25% savings on YMCA Membership –individual or family
- 25% savings on all Chronic Disease Programming
 - Choose to Lose-Weight Loss Program
 - Blood Pressure Self-Monitoring Program
 - Diabetes Prevention Program

The Y Advantage:

- State-of-the-Art Wellness Centers
- Progressive Swim Lessons
- Open Swim Access for Adults and Families
- Child Watch While You Workout
- Group Exercise Classes Included in Your Membership
- Personal Training with Certified Personal Trainers
- Youth and Adult Sports
- Complimentary Wellness Consultation
- Use of Sauna and Steam Rooms
- Volunteer Opportunities
- Free Access to beautiful ARMCO Park
- National reciprocity at most YMCA's
- * **Ask about Corporate Wellness Services on-site at your location**



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

